

August 2017 e-letter



They say you teach what you need to learn. About five years into our relationship – a relationship that felt like a baffling convergence of promise and struggle – we had figured out enough that we felt we had something to teach other couples. Our first class teaching about the energies of love was offered on four consecutive Tuesday evenings in Ashland, Oregon, with a title that aptly described our first five years together: *The Relationship Roller Coaster*. Three hundred people attended. For years following that class, we were being stopped in the street or told in restaurants that the experience had in some cases saved a relationship and, in a few others, helped someone leave a relationship that they came to realize was beyond hope.

That was 35 years ago. Since then, we've been further cultivating and teaching about how to work with the energies within each partner and to bridge those energies between partners – bringing the relationship to a higher level. It has been a wonderful journey, with the next jaunt being the upcoming *Energies of Love Super Summit* described in this issue. We hope you'll join us!

Love,
Donna and David



Donna and David with their grandson, Sequoia, the new joy in Titanya and Jeff's and all our lives.

The Relationship Roller Coaster

By Dondi Dahlin

My Mom and David have always been extremely hard workers. The people who work with and love them are often trying to get them to slow down. But, when you feel you were born to help others heal, your work is never done.

They often fold their strong work ethic into unique workshops, specifically one which started a long time ago and has come full circle with their *New York Times* Bestselling book, *The Energies of Love*...



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Energies of Love: Energy Psychology Transforms a Troubled Marriage

With the success of *The Energies of Love*, we are seeing more couples using "tapping" to help their relationship. The following case is excerpted from that book:

Jim and Elizabeth, both in their early 30's, had been together for eight years when they entered counseling. Elizabeth was certain that despite what he said, Jim no longer loved her. Jim felt he was continually trying to offer his wife emotional support, but that his efforts were misconstrued and harshly judged. While most of the time both Jim and Elizabeth felt a positive spark in their connection, hard times had become more frequent ever since Elizabeth had taken a new job as an event planner a year earlier. She'd often come home feeling demoralized, full of self-criticism, and seething with resentment that her supervisors were getting credit for her successes. Jim's efforts to provide comfort seemed only to irritate her. In turn, he'd respond with frustration and anger, leading her to withdraw and sink ever deeper into despair. Not only were her problems at work unresolved, she'd lament, but her husband seemed incapable of providing what she needed emotionally.

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Our FREE *Energies of Love Super Summit* Is Coming September 12-18!

We are thrilled to share that our first ever, Innersource-sponsored FREE *Energies of Love Super Summit* is finally rolling out for you! We had so much fun filming it and now we are ready to share this exploration of love, relationships, and energy with everyone. Who knew the world would now more than ever need these insights into better ways to communicate and the value of using Energy Medicine techniques to add more love into your life and relationships?

Watch your inbox in early September for your special invitation to join this powerful event at no charge. Donna and David traveled across the country to visit with their dear friends and honored guests: **Bruce Lipton, Jean Houston, Dawson Church**, and **Alberto Villoldo & Marcela Lobos**. Get ready to "Transform Your Relationship with Today's Leading Luminaries!"

We are rolling out pre-event registration on Tuesday, September 5, with exciting sign-up bonuses including audio recordings of Donna and David with John Gray, Arielle Ford, and Gregg Braden! *The Energies of Love Super Summit* starts Tuesday, September 12 and will run seven days. Block out some time to transform your life and your relationships with this fun and entertaining event full of helpful tips and resources.

This unique event is one of our best programs we have ever put together. (Did we mention it is all free?) Don't miss it!

Energy Minute from Boston, Massachusetts

A QUICK WAY TO CONNECT WITH YOUR PARTNER



The next time you would like to bond with someone and align your polarities, this is a beautiful and gentle partner technique!

Both individuals are to face one another. The partner who is more "Yin" is to put their left hand on the back of the neck of their partner and place the right hand around their partner's waist.

The partner who is more "Yang" will do the exact opposite with the right hand softly resting on the back of the neck of their partner and the left hand around the waist.

Gaze gently into each other's eyes and you will find that your breath may even connect! Bask in that love!!!

To view the complete collection of Energy Minutes, click www.EnergyMinute.Innersource.net.

For more information, see [Energy Medicine](#), (Tarcher/Penguin, 2008).



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