



Empower Yourself with Energy Tools

Introduction to Energy Medicine:

Part 1: Jan 22, 2022

Introduction to Energy Medicine Part II

Part 2: Jan 23, 2022

9:30 am – 4:30 pm
Lunch- restaurants nearby

Details:

Wear comfortable
clothing

Cost:

Part 1 only: \$125.00
Class 1 & 2: \$ 250.00

Location:

10540 Barkley St.
Suite 269
Overland Park, KS
66212

For more information
and to register contact:

Christi Rollert
Phone: 816-686-5739

energyisthemedicine@gmail.com

www.energyisthemedicine.com

Christi Rollert is an Eden Energy Medicine Advanced Practitioner (EEM-AP) She has experienced the power of energy medicine firsthand, and she has a passion for teaching others how to awaken the healer within.



Learn these techniques (stretching, breathing, stimulating acupressure/reflex points, and more) in a fun, supportive, small group setting.

Experience More:

Vitality, Health and Joy!

Class 1 introduces the basics of EEM and includes:

- ◆Five-minute “Daily Energy Routine”
- ◆Stress Management
- ◆Tools for Releasing Negative Emotions
- ◆How to stay Grounded and Centered
- ◆How to Remove Toxins using Reflex Points

Class 2 gives you more techniques to use with yourself and others:

- ◆How to work with the Auric Field
- ◆Learn to energy-test food and supplements
- ◆Pain Management
- ◆Learn powerful energy balancing protocols to use with others
- ◆Lots of “hands-on” and practice...



“It’s simple. When our energies are healthy and balanced, we feel stronger, happier, and better able to handle whatever is happening in our life.” Donna Eden from “Energy Medicine”

For more information: edenenergymedicine.com