

# July 2017 e-letter



You will see that we are introducing a new format with this month's *Energy e-letter*. We think you will find it more engaging, easier to read, and easier to quickly find the articles that interest you. It is also smart-phone friendly!

## Can Energy Medicine be Used with Animals?

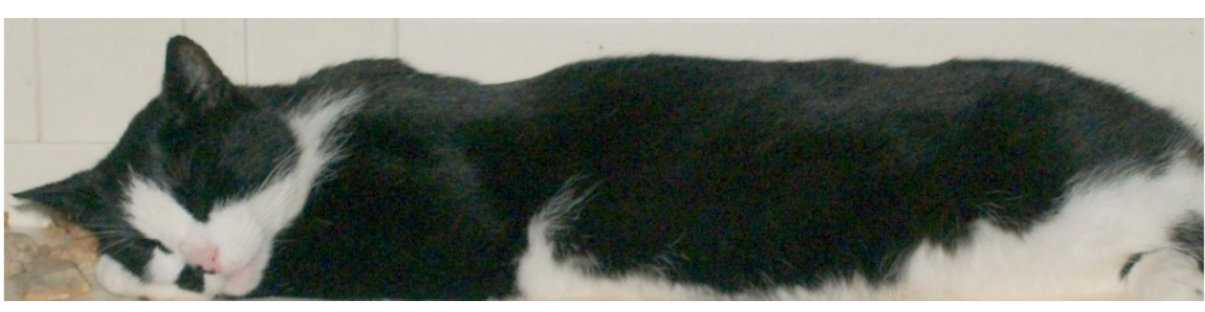
By Donna and David

We loved Shasta. Shasta was a Golden Retriever/Irish Setter mix who had the dignity of a Setter and the smarts and happy personality of a Retriever. She was the first dog who was truly ours together. We were in our 30s when Shasta entered our lives, just a few years after my (Donna's) professional Energy Medicine practice had entered. Shasta was one of the first recipients of many of the techniques we now teach in the Certification Program. She was also one of my first collaborators as an Energy Medicine practitioner...

[Read More >>](#)

### ***A note from Madison King, facilitator of our upcoming Energy Medicine for Animals class:***

Here is a story (below) to give you an idea of what you can expect when you start working with love and energy. A recurring theme is the improved 'connection/relationship' with the animal, which inevitably brings more joy to both of you. When you work and 'give' to another human or animal, you yourself 'receive' a degree of healing and replenishment – it's a two-way street.



## Energy Healing in Action: Energy Medicine and My Cat

By Ingrid and Felix in Holland

My old cat Felix used to always be a bit aloof. He would allow me to stroke and cuddle him, more for my sake than for his own. I love him dearly but a big problem was that he would spray in certain spots in the house. We suspected this was out of stress, but could find no clear relationship with events at home nor could we find a way to stop him. I was almost ready to give up on it (or go to a cat whisperer) when I bought Madison's book on EM for dogs and started to experiment on Felix. And found that activating his radiant circuits (a very simple thing to do too!) was the key to his well-being. When I tried it the first time he started to purr loudly. He loved it! I kept it up since, with the result that I have a much warmer bond with my cat now. He has become more affectionate, comes to sit on my lap (unheard of before) and his bouts of spraying have clearly diminished. He just loves Energy Medicine for cats!

[Click here](#) for complete details about the upcoming Energy Medicine for Animals Class!

## Learn How to Help *Your* Pet THRIVE in Our Energy Medicine for Animals Class.

Have you ever wished your pet could just TELL you what hurts, or why they're stressed, or why they've stopped eating?

Learn how to hone your ability to address your pet's needs in our [Energy Medicine for Animals class](#). This class is designed to teach you effective and powerful energy techniques to help your pets live their lives to the fullest!

Taught by Madison King, who runs our Certification Program in Europe and is one of our most beloved teachers.

**Register NOW and receive \$100 off the class price!**

And, if you can't make it to Phoenix, you can Live Stream the class over the Internet and watch the replays any time you'd like.

PLUS... *Donna will be popping in for a special appearance!*

**October 27-29, 2017  
Phoenix, Arizona, or Live Streamed Over the Internet  
No Previous Experience with Energy Medicine Necessary  
Continued Training Offered for EEM Practitioners**

**Early Bird Discount Expires July 31!**

[Click here for class details.](#)



## Favorite Fur Baby Friday Facebook Drawing!

Join us for Favorite Fur Baby Fridays! Pop on over to our Facebook page ([click here](#)): and connect with animals every Friday until October. Each Friday, at 8 a.m. ET, you will be asked a different question about your "Favorite Fur Baby." If you reply, you will be entered in a drawing to WIN a FREE live-stream, valued at \$295. The drawings will be held on July 31, August 31, and September 30, so you have three chances to win. Check out the details now and come celebrate your furry friends with the community.

## Our FREE Energies of Love Super Summit Is Coming September 12-18!

We are excited to share with you the insights and real-life relationship tips that have helped our 7 leading-edge luminaries create successful partnerships! Bruce Lipton, Alberto Villoldo, Marcela Lobos, Dawson Church, Jean Houston, and our very own Donna and David share their stories and successful strategies and techniques in this very intimate series.

The Summit is a FREE online video event. Registration opens in September!

## Energy Minute from Spain

### REST FOR YOUR EYES



We spend so much time looking in a forward direction that we can lose muscle strength in our eyes. This technique can help to build up those muscles around the eyes while also calming the Triple Warmer energy system which governs our fight/flight/freeze response.

To begin this exercise, close your eyes and cup them gently. Hold this position as long as you feel necessary. Breathe deeply. When you release your hands, open your eyes and scan one full circle in one direction. Pause, then switch direction. Do this several times each day.

To view the complete collection of Energy Minutes, click [www.EnergyMinute.Innersource.net](http://www.EnergyMinute.Innersource.net).

For more information, see [Energy Medicine](#), (Tarcher/Penguin, 2008).



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