

September 2017 e-letter



The Mindvalley Academy is the world's largest provider of online courses in health, consciousness, and personal development (200 staff, 3 million followers). We addressed the 800 participants at their most recent conference last month. In a subsequent email to their community about the event, they wrote:

"Donna blew our minds wide open. She was so good that one of our tribe members, George Lewis (who is a medical doctor by the way), said this: "Donna Eden and David Feinstein's demonstration on Energy Medicine was like looking at 'true' magic happening right in front of my eyes."

Our first partnership with Mindvalley was an online basic course about Energy Medicine. Reflecting on that, they wrote:

"Ever since we brought her to Mindvalley, Donna has had an immediate and profound impact on our entire community . . . it surpassed all our expectations."

People loved Donna, and we saw a record number of students enroll. . . . In short, Donna is an amazing teacher and our community can't get enough of her."

With that response, they are relaunching the program this month! [CLICK HERE](#) to find out more.

Meanwhile, we have a great issue for you! You will find separate articles on how energy healing is finding its way into hospitals, into the military, into the ancient art of yoga, into the homes of people who love their pets, and even into social activism and world peace!

We are also extremely excited that our **Energies of Love Super Summit** has launched and is off to a great start, with more than 7,000 people having already registered! And it is **[not too late to enroll!](#)**

Sending you our blessings as summer inches its way into autumn.

Love,
Donna and David



David and Donna at the 2017 Mindvalley Reunion

Energy Healing in Action: Bringing Energy Healing into Hospitals and Hospices

Sometimes our sister organizations, particularly those bringing natural healing practices into conventional health care settings, make breakthroughs we want our community to know about and perhaps emulate. The "Sam Buxton Sunflower Healing Trust" has been highly successful in positioning complementary healers into the U.K.'s National Health Services as well as into hospices. We asked them to offer suggestions for steps our practitioners could take.

[Read More >>>](#)

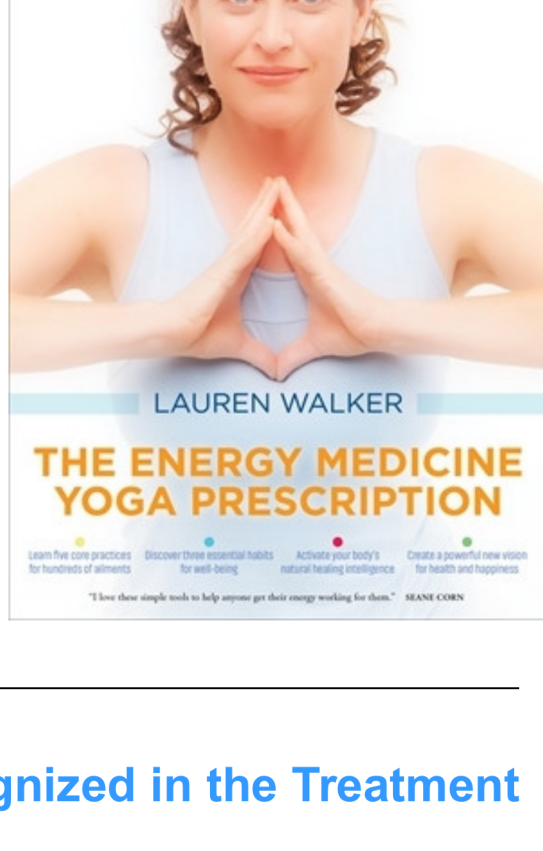
Interview with Donna: Energy Medicine Yoga!

By Lauren Walker

My name is Lauren Walker and I'm a Donna junkie! If you're getting this email, you're probably one too! How many lives has she changed with her powerful, accessible and simple work? Countless!

I have taken Donna's work and applied it to the powerful and widespread practice of yoga, creating Energy Medicine Yoga. Donna wrote the foreword for my first book, and my second book, *The Energy Medicine Yoga Prescription*, just came out. Donna graciously sat for an interview with me to celebrate the book's release, and let me pick her brain about how Energy Medicine works in a yoga practice. [Click here](#) to watch the interview!

I hope you enjoy our conversation as much as we did! And if you're inspired to learn a new way of using EEM, check out my new book, [The Energy Medicine Yoga Prescription!](#)



Energy Psychology Recognized in the Treatment of PTSD in the Military

The prestigious American Academy of Medical Acupuncture just published a special issue called "Integrative Medicine for Military Injuries." Our colleague and long-time friend, Rick Leskowitz, MD, a psychiatrist with Harvard Medical School, conceived of the issue and was invited to serve as its guest editor. Rick asked our very own David Feinstein, along with Energy Psychology pioneer Dawson Church, to write an article on the uses of acupoint tapping protocols (Energy Psychology/EFT) in treating PTSD. The article has received some strong accolades, and the journal is making it available as a [free download](#) through September 23. In fact, the [entire issue](#) is available through that date. While the institutional barriers to bringing Energy Psychology into the military have been somewhat daunting, a number of points of light have emerged, and this is a prominent one.

The Energies of Love Super Summit is Making a Difference in People's Lives!

Join Now for Free Replays All Week! It's *FREE* to sign-up!

Get a rare glimpse into the personal life of our guest luminaries, as they share their relationship struggles and successes with you. If you want a master class in how to have a satisfying relationship, this Summit is for you. Our in-depth conversations with Bruce Lipton & Margaret Church, Dawson & Christine Church, Jean Houston, and Alberto Villoldo & Marcela Lobos will expand you (as it did us) into new and fresh possibilities for your relationship.

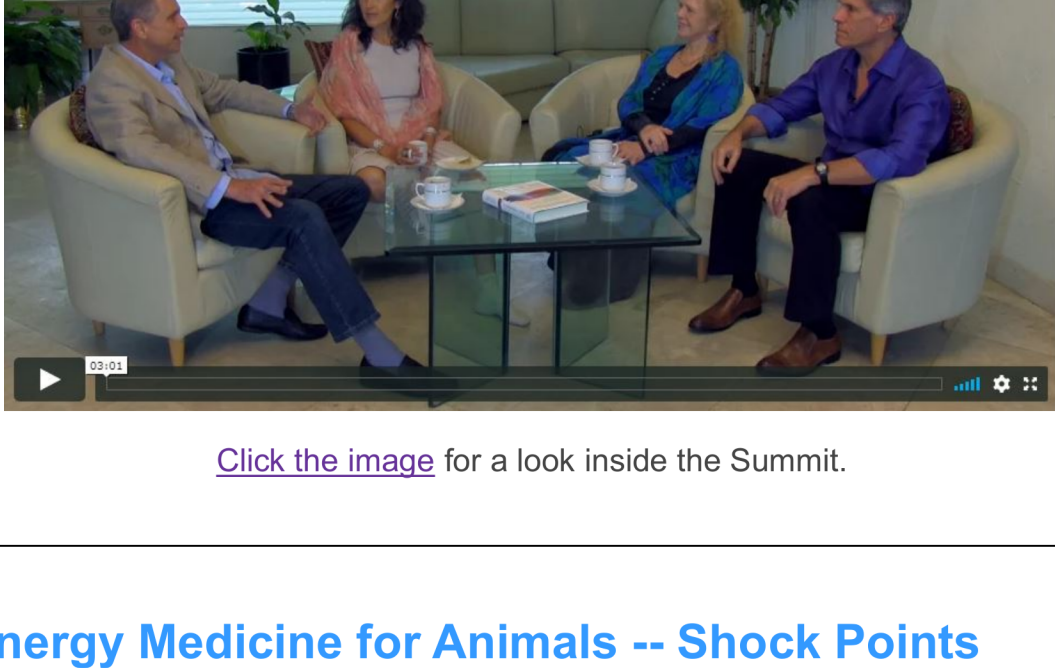
Here is what participants have to say:

"This has got to be one of the most brilliant ideas the two of you have ever had!! I watch and listen, and see how both you and your guests are learning with and from one another - and we all get the benefit of learning with all of you!!! It is an inspirational model for couples therapy!" - Malka Enker, Ph.D.

"Wow! Thank you, this is such great, usable information." - Kathy Raybould

"I am loving the summit. It has changed my whole outlook on life, love, and others." - Fae Hodgkiss

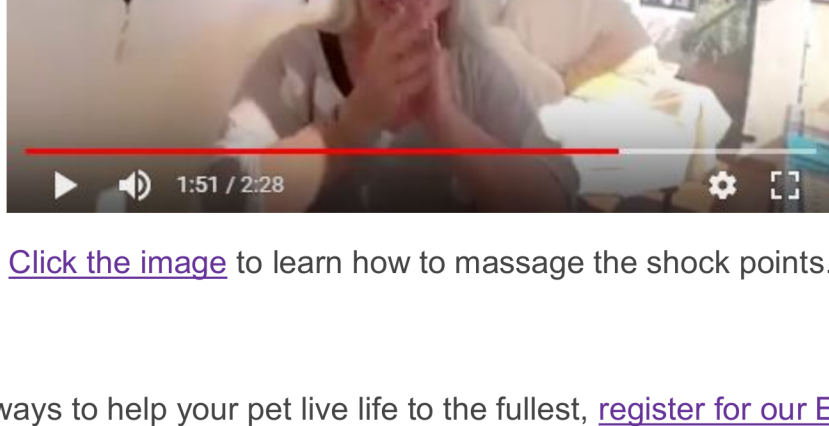
This week only (through Sept 25), we are offering free, unlimited replays. It is not too late to sign up: [CLICK HERE!](#)



[Click the image](#) for a look inside the Summit.

Energy Medicine for Animals -- Shock Points

Help Your Beloved Pet During Times of Stress



[Click the image](#) to learn how to massage the shock points.

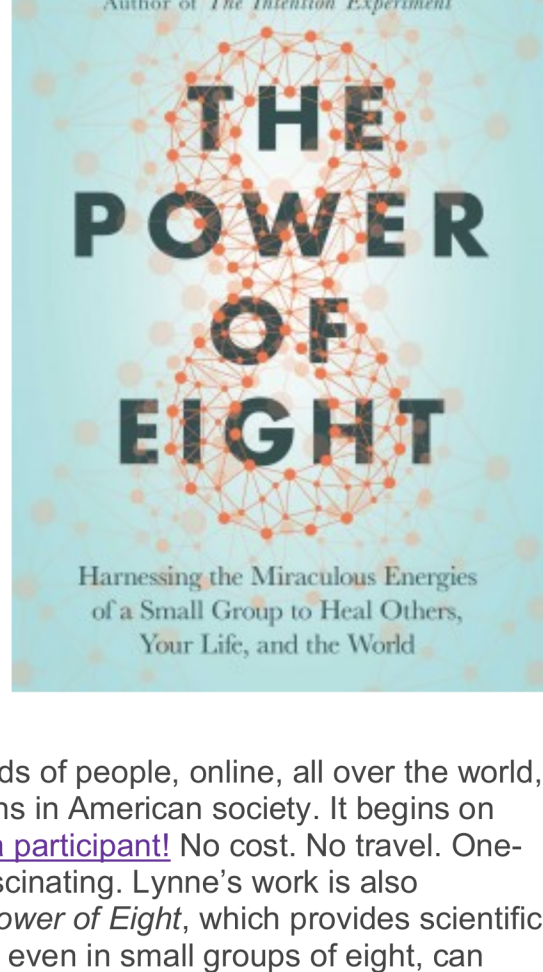
For more ways to help your pet live life to the fullest, [register for our Energy Medicine for Animals Class](#), this October 27-29. Attend in person or watch LIVE over the Internet (replays available).

Madison King is a gifted, Advanced EEM Practitioner and has been working with animals for over 30 years. Come learn natural and safe healing techniques for your beloved pets.

[Click Here For Energy Medicine for Animals Class Details](#)

Can Focused Intention Influence Social Issues and World Peace?

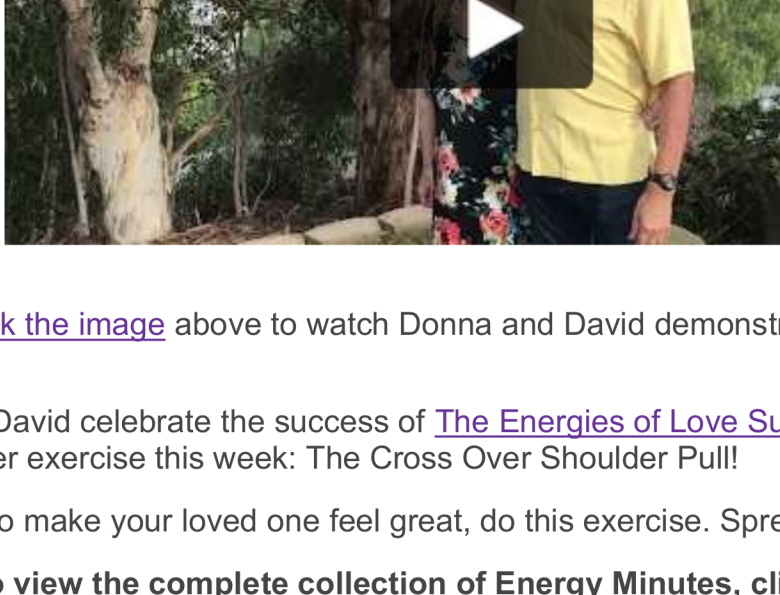
Qigong masters have been able to mobilize their minds to destroy targeted cancer cells that were thousands of miles away! Focused intention by crowds has influenced the behavior of random number generators and the speed of radioactive decay. Can this principle be applied to social issues and world peace? Lynne McTaggart, who was extremely well-received as a keynote speaker during our 2013 IGEEEM (International Gathering of Eden Energy Medicine) conference, believes the answer is yes, and she is proving it.



Her latest experiment will involve thousands of people, online, all over the world, with a focus on healing the terrible divisions in American society. It begins on September 30, and [you are invited to be a participant!](#) No cost. No travel. One-half hour per day for six days. It will be fascinating. Lynne's work is also described in her forthcoming book, *The Power of Eight*, which provides scientific evidence that focused collective intention, even in small groups of eight, can positively affect our world.

Energies of Love Energy Minute!

Give This Gift to Your Loved One!



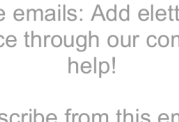
[Click the image](#) above to watch Donna and David demonstrate!

Donna and David celebrate the success of [The Energies of Love Super Summit](#) with a partner exercise this week: The Cross Over Shoulder Pull!

If you want to make your loved one feel great, do this exercise. Spread the love!

To view the complete collection of Energy Minutes, click [www.EnergyMinute.Innersource.net](#).

For more information, see [Energy Medicine](#), (Tarcher/Penguin, 2008).



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