

**SATURDAY, OCTOBER 5, 2019**

# Energy Medicine 101

Taught by



**CHRISTY FREEBORN  
EEM-AP, LMT**

8:30 am - Registration  
9:00 - Class begins  
12:00—Lunch break  
1:30—4:00 Class

\$125 per student includes instructions  
and course materials

**Class Location**  
**1004 Whirlaway Circle North**  
**Jacksonville, FL 32218**

**Call or email to register**

Phone: 863-514-6733

OR

E-mail: [scfreeborn@gmail.com](mailto:scfreeborn@gmail.com)



**“It’s simple. When our energies are healthy and balanced, we feel stronger,  
happier, and better able to handle whatever is happening in our life.”**

**Donna Eden**

**Come and learn the basics of Eden Energy Medicine in a friendly and  
supportive environment.**

**You will Learn:**

- \*Daily Energy Routine**
- \*How to stay grounded**
- \*Ways to release stress**

