

**COST:**

To reserve your spot, place a US$300 deposit with Innersource (Eden Energy Medicine). The remaining payments are made directly to your teacher, Lori. The $300US initial deposit will be applied to class 4.

**Deposit: US$300** **to Innersource.**

**Payments to Lori:**

Class 1: US$995

Class 2: US$995

Class 3: US$995

Class 4: US$695

Year One Eden Energy Medicine Foundations classes teach you the fundamentals of Eden Energy Medicine (EEM). You will learn the 9 energy systems of the body, and how to work with them to help your body return to, and maintain its natural state of wellness. Some of the topics covered include:

* Self care techniques to increase energy and improve your vitality
* How to deal with stress more effectively
* Techniques to help with pain
* Chakras and Aura
* Meridian System and key acupressure points from Traditional Chinese Medicine
* And lots more!

The classes consist of lecture and hands on learning.

For more information, or to register for this course, please contact Lori at:

**403-826-9106 or lori@polishingthesoul.com**

This is a year-long program, meeting 4 times throughout the year for 3 1/2 days.

Class 1: May 23 - 26, 2019

Class 2: August 8 - 11, 2019

Class 3: October 24 – 27, 2019

Class 4: January 16 - 19, 2020

Location: Discovery Ridge SW, Calgary, Alberta

Thursdays: 1:00 – 5:00 PM

Fridays, Saturdays: 9:00 AM - 6:00 PM

Sundays: 9:00 AM - 5:30 PM

**Recommended Accommodation:** Mount Royal University or The Grey Eagle Resort

Please contact Lori for further information

**About Lori Crabbe-Giesbers**

Lori is a physiotherapist, a registered acupuncturist, and an Eden Energy Medicine Advanced Practitioner. Lori is passionate about wellness and teaching, and enjoys bringing the two together to promote health and wellbeing.

Eden Energy Medicine

Foundations Program 2019 - 2020

Calgary, Alberta