



Eden Energy Medicine Foundations Classes



Donna Eden,
Founder of Eden Energy Medicine

Join the Exciting Field of Energy Medicine!

The Foundations Classes will help you learn and practice the fundamentals of Eden Energy Medicine (EEM). Those who wish to become certified may continue on to a second year of study in the EEM Certification Program.

Course Details:

- No prerequisites required to enroll
- One-year program with Certificate of Completion
- Four weekend and at-home supervised practice
- Strong mix of teaching and practice time
- Continuing Education Credits available



Learn How To:

- Expand the toolbox for your own personal health and well-being
- Integrate Eden Energy Medicine into your professional health care practice
- Develop skills for your role as a caregiver to family and friends
- Become an Eden Energy Medicine Certified Practitioner

Location: Mexico, NY

Dates:

Class 1: April 4 -7, 2019 Class 2: June 27 -30, 2019
Class 3: Sept. 19 -22, 2019 Class 4: Dec. 5 -8, 2019

Times: Thursday 5pm – 9pm

Friday, Saturday and Sunday 9am – 6pm

Absolutely Guaranteed to be Loads of Fun!



About the Teacher: Mary Lichtenstein is an Eden Energy Medicine Advanced Practitioner & an authorized Foundations Teacher, along with an Advanced PSYCH-K Facilitator and Reiki Master. She has a private energy medicine practice located on the beautiful shores of Lake Ontario. She is a seasoned educator, with more than thirty years of classroom and one-to-one teaching experience, and 13 years working in hospitals as a Registered Respiratory Therapist, physicians' offices, and delivering home care. She has been studying alternative medicine since 1999 and continues to learn. Mary has a natural ability to create a humorous atmosphere, while making the classroom educational, informational and fun. Mary addresses all learning styles in a fun, comfortable manor. She does an excellent job allowing conversation /questions to take their own route while still bringing the focus back around to the topics at hand in a timely manner. Mary is an instructor that empowers her students with Energy Medicine knowledge and skills as well as deepening students personal healing journey.

For Information and Registration contact:

Mary Lichtenstein | Integrativehealingsolutions.org | 315-591-3902

To reserve your space and provide your deposit, visit edenenergymedicine.com/foundations-home/